


## TOOLS TO HELP OTHERS

Opportunities to equip us to help hurting people include:

- Annual HOPE Conference (every January)
- Classes and webinars addressing contemporary topics dealing with:
  - A different type of "gospel" versus the authentic Gospel
  - Man's reasoning versus God's revelation
  - Condemnation (guilt) versus exoneration
  - Bondage versus freedom
  - Defeat versus victory
  - Living in the flesh versus walking in the Spirit
  - Self esteem versus Christ esteem
- Love, the Answer: The Heart of Holiness is Love 
- Redemptive Discipleship Course and other classes available on the church APP
- GriefShare group and classes
- The Calvary Chapel Sarasota Lending Library

Download the church APP



## HELP IN COUNSELING

Confidential counseling is provided at no charge.

Information and applications may be obtained from our church APP or website.

At [ccsrq.cc](http://ccsrq.cc) website:

Get Connected / D2S Counseling: print APPLY FOR COUNSELING Packet, AND Review the Request for Counseling letter and FAQ for a detailed explanation of the process.

## HELP IN EQUIPPING

We have an ongoing waiting list for counseling and always need more counselors. We're here to assist you toward further equipping through:

Association of Certified Biblical Counselors  
[christiancounseling.com](http://christiancounseling.com) OR

Biblical Counseling Ministries  
[BiblicalFrameworkingCounseling.org](http://BiblicalFrameworkingCounseling.org) or

Expository Counseling Training Center  
[mycounselingcorner.com](http://mycounselingcorner.com) OR

International Assoc. of Biblical Counselors  
[iabc.net](http://iabc.net)

For more information contact:  
[disciple2serve@gmail.com](mailto:disciple2serve@gmail.com)

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Sarasota, Florida 34235  
(941) 365-9673 [ccsrq.cc](http://ccsrq.cc)

# CALVARY CHAPEL D2S DISCIPLING COUNSELING MINISTRY

Building Bridges  
*between Real Life  
and the Real Jesus  
for Real Relationships*



## WHAT IS D2S?

*"Disciple to Serve"*

AN IN-DEPTH DISCIPLING MINISTRY THAT  
EQUIPS BELIEVERS TO CONNECT HURTING  
PEOPLE TO HOPE IN CHRIST THROUGH  
THE SUFFICIENT WORD OF GOD.



## D2S EXISTS TO MINISTER THE WORD OF GOD TO HURTING PEOPLE

There are many hurting people in the world today who want help. Often it is either their own hurt or someone else's:

- troubling behaviors
- paralyzing fear
- crippling anxiety.

Whatever the need, more often than not, they want RELIEF from their burden, shame, or guilt. Desiring to primarily provide relief is where we often go wrong.

There is a greater need!

Our most important role in the lives of those we serve lies herein:

- Do we have an understanding of what they know about God?
- Do we see their misbeliefs, their misinterpretations of Him?
- Do they think Him exacting, harsh, lenient, detached, or mean?
- Do they know that the steadfast love of the Lord never ceases?
- Do they know the wonder of who God is, what He's done, and what He's promised? \*

IT ALL BEGINS with what we BELIEVE.

*\*Excerpt modified from "Changing: Where Do We Begin" by Beth-Anne Van Rees, Canadian BCC*

## WHAT ONE BELIEVES ABOUT GOD IS THE MOST IMPORTANT THING TO TRULY HELP HURTING PEOPLE

We provide:

Classes, interactive groups, etc. all geared to encourage and strengthen the beliefs of hurting people – helping those who want to encourage others or those who need to be encouraged to interpret their difficulties through a biblical framework.

*Self-Confrontation* begins the process in both discipling and counseling.

We learn to realistically evaluate our personal agendas and compare them to God's goal for our lives, which is to be conformed to the image of His Son Jesus Christ. (Romans 8:29)

Do we really BELIEVE God works all things together for good to those who love Him. (Romans 8:28)

When we confront our belief system, we begin to see our biggest problem is not people and circumstances, but our own heart's focus: self focus (our agenda) or God focus (His agenda)? What transforms our heart?

"As we BEHOLD the glory of God we are transformed." Changing our focus from our goal to God's. (2 Corinthians 3:18)

*"It's not the experiences of our lives that change us. It is our response to those experiences." E. Elliott*

## WHAT WE BELIEVE AND WHAT WE BEHOLD BRINGS ABOUT CHANGE

If CHANGE does not grow out of what we believe and behold, it will result in behavior modification and self-righteous independence rather than the glory of God and true heart change.

CHANGE is the natural outcome as we turn our face toward God and BEHOLD HIM. It is the natural by-product of our growing intimacy with God.

As we realize the sin or suffering was useful medicine designed by God for His glory and our good, we want to STUDY to show ourselves approved, not ashamed, as we accurately handle the word of truth. (2 Timothy 2:15).

*We are called to ...*

- heal the brokenhearted,
- proclaim liberty to the captives
- bring sight to the blind,
- free the oppressed.

*- LUKE 4:18*

*"And a person with a changed heart seeks praise from God, not from people."  
(Romans 2:29)*